

FINAL



THE SPIRIT
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Sport Technical Package

2008 North American Indigenous Games

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2008 North American Indigenous Games

Technical Package

Prelude

The Technical Package is a critical part of the North American Indigenous Games (NAIG) and offers comprehensive assistance to the Host Society and the Chefs de Mission. Key components include:

- Age and event eligibility definitions
- Age eligibility verification and sport technical information for team selections
- Tournament formats and scoring procedures
- Established maximum number of participants

Every NAIG coach, manager, Sport Chairperson and Mission Staff member has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the NAIG or affect final standings. If there is anything in the Technical Package that is unclear or that is not understood, individuals are encouraged to seek clarification from their Teams Chef de Mission.

The sport technical information provided within the Technical Package is developed primarily by the individual NSOs (National Sport Organization) and/or NGBs (National Governing Board), following the principles, guidelines and requirements of the NAIG Council (i.e., International Rules). As the overall governing body of the NAIG, the NAIG Council is the ultimate authority for the Technical Package, but this authority is exercised only with the knowledge and understanding of the NSO or NGB concerned.

If an individual wishes to initiate a change to a Technical Package for NAIG 2011, the desired change should be first directed to their Chef de Mission. The Chef will then bring the issue or concern forward to their NAIG Council representative who will in turn present it to the NAIG Council. Should the Council determine there is merit to the proposed change, it will then forward the issue to the Sport and Technical Committee for an opinion. Ultimately, the NAIG Council is the only body that can amend the Technical Package. Changes to age categories, eligibility requirements, team sizes or staff complements will not be considered after two (2) years prior to the upcoming NAIG. Substantive changes to events or competition formats will not be considered after eighteen (18) months before the NAIG. Minor corrections can be considered at almost any stage of the process, but will be increasingly difficult to achieve within six (6) months of the next NAIG. These time frames reinforce the importance of ensuring you have a complete understanding of the Technical Package early.

Note:

*A 'National Sport Organization' is the representing group that governs a sport in Canada.
A 'National Governing Board' is the representing group that governs a sport in the U.S.A.*

1. EVENT CATEGORIES with reference to age

Able-bodied athletes:

The NAIG will consist of both male and female events for Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 & earlier) age categories.

Special Olympic athletes:

The NAIG will consist of one age category (Open) for athletes born in 1992 or earlier.

Please refer to the specific sport technical package for specific detail of comp offered.

2. COACHING CERTIFICATION STANDARDS

The NAIG Council is committed to advancing coaching development by establishing minimum certification requirements for all coaches participating in the Games. Currently it is *recommended* that coaches attain full Level One coaching certification for their sport within their jurisdiction. For the 2011 NAIG, a minimum of Level Two NCCP will be *required* for each coach in each sport.

Certification Standards by Country (Recommendation for 2008)

In Canada:

- Level One Theory (old NCCP) or Introduction to Competition A (new CBET)
- Sport-specific technical and practical Level One requirements as per their sport

In USA:

- Minimum full Level One as per their sport or equivalent to Canadian Level One

3. SPECIAL OLYMPIC DIVISIONING

Within the NAIG Special Olympic competition there will be one open division. For the 2008 NAIG all Special Olympics athletes will compete together.

The NAIG technical Committee will explore divisioning athletes according to ability for the 2011 NAIG games. Divisioning will be completed based on ability of each athlete. This process will be outlined and will offer the most equitable competition environment for all Special Olympics athletes.

4. CHEF MEETING: VENUES AND SCHEDULES FOR SPORTS

Specific information regarding the venues and sport schedules will be provided at the Chef de Mission meetings.

2008 North American Indigenous Games Sport Technical Package
3-D ARCHERY

EVENT:

The NAIG 3 D Archery Competition will consist of both male and female individual and team relay events for the Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 & earlier) age categories.

In the following Equipment Divisions:

- Bow hunter fingers
 - Bow hunter open
 - Traditional
-

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter one (1) male and one (1) female athlete for each equipment division in each age category. An athlete is allowed to compete in only one category and one equipment division. Maximum number of archers per province/territory/state is 24.

Number of Coaches:

Each Province, Territory and State may accredit:

- Rosters under 20 athletes - 3 staff, (2 coaches and 1 manager, 1 must be female)
 - Rosters between 21 and 30 - 4 staff, (3 coaches and 1 manager, 1 must be female)
-

GENERAL RULES:

The most recent version of Federation Internationale de Tir La'Arce (FITA) 3D Archery rulebook will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

Athletes shoot two (2) rounds of twenty (20) targets per day from unmarked distances up to a maximum of fifty (50) yards for midget archers and older, forty (40) yards for bantam and thirty (30) yards for the traditional division.

Drawing of lots:

A shooting group of archers (4-5) is determined by the Host Society. One archer must be a senior athlete otherwise an adult scorer will accompany the shooting group.

OFFICIALS:

An experienced range officer controls the event designated and approved by the host society. The scores are tabulated by two (2) scorers (double scoring) within the shooting group.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

- All equipment shall comply with FITA classes defined.
- The 3 D Archers must supply their own equipment: arrows/bow and must comply with FITA rules.

Bow hunter fingers:

- A compound, recurve or long bow must be shot with a glove, finger tab or bare fingers
- A fixed pin, cross hair, or moveable site is allowed
- A scope style site is now allowed in the bow hunter finger class. Circle style pins are allowed if circles are of one size

Bow hunter open:

- A compound bow recurve or long bow with a moveable sight, scope, or laser sight
- Any type of release aid, glove, finger tab, or bare fingers may be used

Traditional:

- A recurve or long bow with no sighting device.
- A rest and plunger are all that may reside within the site window.
- There will be no markings on the bow or on the bow string that could be construed as site marks.
- There will not be any type of draw check on the bow or the string.
- Bow must be shot with glove, finger tab or bare fingers.
- While shooting the archer shall touch the arrow with the index finger against the nock, and use a single anchor point.
- The arrows shall be of the same material and in uniform length and weight.
- A single stabilizer maybe used that is no longer than 12 inches from the point of attachment. Stabilizer- any device used for the stabilization of the bow.

COMPETITION RULES:

- An athlete is allowed to compete in only one class.
- Equipment shall be checked before the match and shall not be altered during competition.
- Each target is numbered at the shooting position. The archer must touch the stake when shooting.
- Practice on the course is not permitted. Practice butts will be supplied by the Host Society on site.
- Equipment failures must be visible and agreed upon by the majority of the group. Upon agreement, the shooter must have his/her scorecards initialed by the entire group as an equipment failure. The scorecards of the shooter with the equipment failure will be totaled and initialed by the score keepers before leaving the range. At that time, the shooter, (with the failure) only must proceed forward through the course to the range tent and notify a range official.

- If there are three or more shooters remaining in the group they may continue shooting. If two or less shooters remain, they must join the following group (unless by joining the following group it will make a group of 6 or more) or step aside and await a range official before continuing.
- The range official will hold the individual's scorecards until the repair is completed and he/she is escorted back onto the range. The range official will determine the amount of time necessary to make the needed repair. The time element will not be abused. A range official must escort all persons re-entering the range to the designated target.
- After each end the competitors walk to the target (which they share). An arrow earns the score of the zone it lands in. They are as follows:
 - Ten X (10 X) for the smallest ring, (10) points for the inner ring, eight (8) points for the outer ring, five (5) points for a body hit and zero (0) points for a hit in the horn or hoof, not touching body color, any other miss or glance off.
 - In case of a disagreement on the placement of the arrow, the range officer settles the dispute. The protest is brought forward by the coach or manager of the team.
- If the arrow is pulled before the tabulation, the person who pulls the arrow receives a zero for that target. The score cards have to be legible, completed in black or blue ink and signed by the scorer and the archer. If the tabulated scores do not match, the lesser value will be recorded as the official points.
- If an arrow lands in the dividing line it earns the higher value. A deflected arrow is scored where it lands. Witnessed pass through arrows are to be scored as agreed on by the majority of the group or a re-shot before shooters advance to the target. An arrow embedded in another arrow scores the same as the first. A re-shot is not warranted.
- When two archers or more have identical total scores, the process of tie breaking is as follows: a shoot off will be held using a Three-D animal target set at an unknown yardage, with an X placed in the center of the highest scoring area. The arrow closest to the center of the X will determine the winner. If only one shooter is present at the shoot off, he or she will be declared the winner.
- Shooting stakes shall be orange for senior men, green for senior women and midget male and female, yellow for bantam male and female.
- Fieldglasses (binoculars), telescopes and other optical aids may be used for spotting arrows provided they do not represent any obstacle to other athletes at the shooting peg.
- Prescription spectacles, shooting spectacles and sunglasses may be used. None of these may be fitted with micro hole in lenses, or similar devices, nor may they be marked in any way that can assist in aiming.
- The spectacle glass of the non-sighting eye may be fully covered or taped, or an eye patch may be used.

Rule Violation:

- Any person in violation with FITA rules will be disqualified from the event.
- Any shooter who disobeys shoot officials orders, will be disqualified from the event.
- Littering improper disposal of trash will be considered as un-sportsmanlike conduct.

2008 North American Indigenous Games Sport Technical Package
ATHLETICS

EVENT:

Able-bodied athletes:

The NAIG Athletics competition will consist of both male and female individual and team relay events for the Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 & earlier) age categories.

Special Olympic athletes:

The NAIG is offering one age category (Open) for athletes born in 1992 or earlier.

PARTICIPANTS:

Number of Athletes:

Able Bodied athletes:

Each Province, Territory and State may enter eight (8) male and eight (8) female athletes for each age category. An athlete is allowed to compete in four events plus two (2) relays. Cross country counts as one of the four events.

For each age category, each contingent has a maximum of 3 athletes per individual event.

Special Olympic Athletes:

Each Province, Territory and State may enter four (4) men and four (4) women Special Olympic Athletes.

Number of Coaches:

Each Province, Territory and State may accredit:

- Rosters under 20 athletes - 3 staff, (2 coaches and 1 manager, 1 must be female)
 - Rosters between 21 and 30 - 4 staff, (3 coaches and 1 manager, 1 must be female)
 - Rosters between 31 and 40 - 5 staff, (2 must be coaches and 1 manager, 1 must be a female)
 - Rosters between 41 and 50 - 6 staff, (2 must be coaches and 1 manager, 2 must be female)
 - Rosters between 51 and 60 - 7 staff, (3 must be coaches and 1 manager, 2 must be female)
 - Rosters between 61 and 64 - 8 staff, (3 must be coaches and 1 manager, 3 must be females)
 - Special Olympics coach to athlete ratio is 1:4 of which one must be a female
-

GENERAL RULES:

The most recent International Amateur Athletics Federation (IAAF) Competition Rules Book and the Special Olympics Official General Rules will apply. Special Olympics Rule

Book/Summer Sports/Article III – Athletics (posted on website www.specialolympics.ca).
Unless otherwise stated in this package.

COMPETITION FORMAT:

Events are either heats and finals, or just finals dependant on the number of entries. This format will be followed for Special Olympic athletes as well who will also compete in open divisions. Please refer to the NAIG Technical Package prelude for information regarding Divisioning with the Special Olympics athletes.

Category	Bantam		Midget		Juvenile		Senior		Special O	
Gender	M	F	M	F	M	F	M	F	M	F
100M										
200M										
400M									X	
800M									X	X
1500M									X	X
3000M	X	X	X	X			X	X	X	X
5000M	X	X	X	X	X	X			X	X
10000M	X	X	X	X	X	X			X	X
X Country										
High Jump									X	X
Long Jump										
Triple Jump	X	X							X	X
Shot Put									X	X
Discus									X	X
Javelin	X	X							X	X
4X100m										
4x400m									X	X

Cross Country Event:

- Bantam Male - 4k
- Bantam Female - 3k
- Midget and Juvenile Female - 4 km
- Midget and Juvenile Male and Female - 5 km
- Senior Women - 6 km
- Senior Men - 10km
- Special Olympic Athletes – male and female – 2 km

Relays:

Able Bodied Athletes:

Each Province, territory and State may enter:

- One (1) male 4x100M team and one (1) female 4x100M team for all age categories
- One (1) male 4x400M team and one (1) female 4x400M team for all age categories

Special Olympic Athletes:

Each Province, Territory and state may enter one team only: either a male, female or co-ed team. All members of the team must be from the same province.

NOTE: To accommodate the number of participants, athletes may move up to compete in a higher age class relay team, but they may not compete in the same relay event in two different age categories.

OFFICIALS:

All officials (timer, photo finish, starter, etc.) will be designated and approved by the Host Society.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

- Competitors must wear their numbers on the front and back of their vests, except in the high jump events, where they may wear one number, either on the front or the back.
- In the track events, athletes also must wear hip numbers affixed to both sides of their shorts.
- Maximum spike length for track events – 9mm (except for High Jump and Javelin)
- Maximum spike length for high jump and javelin – 12mm (rule 143.4)
- During the medal ceremonies, athletes must wear tracksuits in their team colors and shoes without spikes.
- All equipment used in the 2008 NAIG shall comply with IAAF Rules.
- Throwers may submit their own implements for certification and use in the events equipment pool as long as the implements comply with IAAF rules.
- For all throwing events the implement weight shall be as follows:

Male	Senior	Juvenile	Midget	Bantam
Shot put	7.260 kg	5 kg	4 kg	3 kg
Discus	2 kg	1.50 kg	1 kg	1 kg
Javelin	800g	700g	600g	n/a
Female				
Shot put	4 kg	4 kg	3 kg	3 kg
Discus	1 kg	1 kg	1 kg	1 kg
Javelin	600g	600g	600g	n/a

COMPETITION RULES:

Qualifying Heights and Distance for Field Events

- The qualifying heights and distances will be determined at the Technical Meeting as well as the successive heights of the bar in the high jump event.

Special Olympic athletes will compete in Open Divisions.

2008 North American Indigenous Games Sport Technical Package
BADMINTON

EVENT:

The NAIG badminton competition will consist of male and female singles, doubles and mixed doubles events in Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 and earlier) age categories.

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter two (2) male and two (2) female for the age categories. An athlete is allowed to compete in the singles, doubles and mixed doubles events.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager for the entire team roster. The staff composition must have a minimum of one (1) female staff.

GENERAL RULES:

The most recent version of the Badminton World Federation (BWF) Rules will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

Competition format will be dependent on the number of entry per age group and gender division. Options will be double elimination or round robin play.

OFFICIALS:

Tournament Referee will be appointed and approved by the host society. The umpires must have Provincial certification.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

Badminton players must supply their own equipment, with the exception of shuttles. Nylon shuttles will be used for all age classifications except for the seniors. All equipment must comply with the rules and regulations according to Badminton World Federation (BWF).

COMPETITION RULES:

Seeded players are placed properly and byes are placed according to BWF rules. In general there is one seeded player for every eight entries some considerations are made to players from the same zone meeting in the first round.

Rally point scoring (2006)

- A match shall consist of the best of three games, unless otherwise arranged (Appendix 2 and 3).
- A game shall be won by the side which first scores 21 points, except as provided in Law 7.4 and 7.5.
- The side winning a rally shall add a point to its score. A side shall win a rally, if the opposing side commits a 'fault' or the shuttle ceases to be in play because it touches the surface of the court inside the opponent's court.
- If the score becomes 20-all, the side which gains a two point lead first, shall win that game.
- If the score becomes 29-all, the side scoring the 30th point shall win that game.
- The side winning a game shall serve first in the next game

The referee is responsible for enforcing the default rules as published on the tournament entry form. For this reason, the umpire checks that match times in doubles/individual events are posted on the draw. The referee shall provide shuttles to the umpires for pre-test. The referee makes the final decision on rule interpretation at the request of the umpire.

Note: Play off games will be done for the Bronze medal positions.

2008 North American Indigenous Games Sport Technical Package
BASEBALL

EVENT:

The NAIG baseball competition consists of male teams for the Bantam (born 1994-95), Midget (born 1992-93) and Juvenile (born 1989-91) age categories.

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter a maximum of sixteen (16) male players per Bantam, Midget and Juvenile team.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per male bantam, midget and juvenile teams. The staff composition must have a minimum of one (1) male staff.

GENERAL RULES:

The most recent version of the Official Baseball Rules of the Major League Baseball will apply to the NAIG baseball competition. The International Baseball Federation follows the Official Baseball Rules of the Major League Baseball. Unless otherwise stated in this package.

COMPETITION FORMAT:

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum three games.

OFFICIALS:

The umpire in chief must have a minimum National Level 4 certification. The remaining umpires must have a minimum Provincial Level 2.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

The Bantam age category shall follow the Bantam Division playing field, dimensions and equipment.

- Distance between bases is eighty (80) ft
- Distance from home to pitcher is fifty-four (54) feet.
- Metal and wood bats are allowed for Bantam age category

Midget and juvenile age category shall follow standard rules for the playing field, dimensions and equipment:

- Distance between bases is ninety (90) feet
- Distance from home to pitcher is sixty (60) feet
- Wood bats only for Midget and Juvenile age categories

Baseball players must supply their own bats, batting helmets, and gloves. Catchers shall supply all their additional equipment. All equipment shall comply with the International Baseball Federation (IBF) standards as per Baseball Canada for minor aged players.

COMPETITION RULES:

Number of Innings

- The entire game shall consist of seven (7) innings including the medal rounds
- The ten run rules will be in effect anytime after the completion of 5 (or 4-1/2) innings of play.
- The umpire will award the game to the team with a lead of ten or more runs any time after the trailing team has had five turns at bat.

If the score is tied after 7 innings the play shall continue until:

1. The visiting team has scored more total runs than the home teams at the end of a completed inning or,
2. The home team scores the winning run in an uncompleted inning.

Final standings in the round robin play shall be established using the following criteria:

1. The team with the best win-loss record in the game(s) between or among the tied teams will place higher in the standings.
2. If the tie still persists, the placement of teams will be dictated by the ratio of number of runs against per defensive inning for games between or among the original tied teams.
3. If the tie persists, the placement of teams will be dictated by the ratio of runs scored per offensive inning for games between or among the original tied teams.
4. If the tie still persists, the team having the best win-loss record in games played versus the highest placed team not in the tie, followed by comparison against the next highest placed team etc. will place higher in the standings.

2008 North American Indigenous Games Sport Technical Package
BASKETBALL

EVENT:

The NAIG basketball competition consists of both male and female team competitions for the Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 & earlier) age categories.

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter a maximum of twelve (12) players per bantam, midget, juvenile and senior teams, in both male and female categories.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per female and male bantam, midget and juvenile teams. One of the above staff must be of the same gender as the participating team.

GENERAL RULES:

The most recent Federation Internationale de Basketball (FIBA) Official Basketball Rules will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum of three games.

OFFICIALS:

The chief official and referees will be designated and approved by the Host Society. The chief officials must have a minimum Provincials Level three (3) certification. The referees must have a minimum Provincial Level one (1) certification.

For all semi-final and finals games, three officials per game will be utilized.

FIELD OF PLAY/EQUIPMENT REQUIRMENTS:

- All courts and equipment will comply with the FIBA rules. .
- A ball size of 6 shall be used for bantam male age group and bantam, midget and juvenile female age groups.
- A ball size 7 shall be used for all other age classifications.
- The official game ball used will be the Molten Ball

- Teams must supply their own warm up balls and equipment and must comply with FIBA rules.

COMPETITION RULES:

An entire game shall consist of four (4) – ten (10) minute periods

- Intervals of two (2) minutes between periods
- A ten (10) minutes half time will be in effect
- A twenty-four (24) second shot clock will be in effect
- If the score is tied at the end of playing time of the fourth period, the game shall be continued with as many extra five (5) minute periods as is necessary to break the tie.
- In all extra periods the teams shall continue to play towards the same baskets as in the fourth period.
- FIBA warm up procedures:
 - The clock will be set at 20:00 to start the pre-game warm-up
 - At 2:00 both teams will return to the bench
 - At 0:00 the clock is immediately reset to 10:00 and the game starts
- All other rules as written in the FIBA Official Basketball Rules 2006

Tie breaking format (FIBA Official Basketball Rules, Pg. 71, Classification of Teams)

Teams shall be classified according to their win-loss records, namely two (2) points for each game won, one (1) point for each game lost (including lost by default) and zero (0) points for a game lost by forfeit.

D.1.1 – If there are two teams in the age classification with equal points, the result(s) of the game(s) between the two teams involved will be used to determine the placings.

D.1.2 - If the points and the goal average in the games between the two teams are still the same, the classification will be determined by the goal average of all the games played in the group by each team.

D.1.3 - If more than two teams are equal in the placing, a second classification will be established, taking into account only the results of the games between the teams that are tied.

D.1.4 - If there are still teams tied after the second classification, then goal average will be used to determine the placing, taking into account only the results of the games between the teams still tied.

D.1.5 - If there are still teams tied, the placing will be determined using the goal average from the results of all their games played in the group.

D.1.6 - If, at any stage, using the above criteria, a multiple team tie is reduced to a tie involving only two teams, the procedure in D.1.1 and D.1.2 above will be applied.

D.1.7 - If, at any stage, it is reduced to a tie still involving more than two teams, the procedure, beginning with D.1.3 above, is repeated.

D.1.8 Goal average will always be calculated by division.

If only three teams take part in a competition and the situation cannot be resolved following the steps outlined above (the goal average by division is identical), then the points scored will determine the placing.

2008 North American Indigenous Games Sport Technical Package
BOXING

EVENT:

To be eligible for Boxing Competition and for safety purposes, a minimum number of ten (10) bouts are required. No call ups will be considered.

WEIGHT (KG/LBS AND OZ)

Class CABA Class	Midget Female & Male	Juvenile Male	Juvenile Female
Year of Birth	92-93	89-91	89-91
Paper Weight	Under 46kg Under 101.06lbs		Under 46kg Under 101.06lbs
Light Fly Weight	46 kg – 48kg 101.06 – 105.13lbs	Under 48 kg under 105.13 lbs	46 kg – 48kg 101.06 – 105.13lbs
Fly Weight	48 – 50kg 105.13 – 110.13lbs	48kg – 51kg 105.13 – 112.6lbs	48 – 50kg 105.13 – 110.13lbs
Light Bantam	50kg – 52kg 110.3 –114.1lbs		50kg – 52kg 110.3 –114.1lbs
Bantam Weight	52kg – 54kg 114.1 –119lbs	51kg – 54kg 112.6 –119.0lbs	52kg – 54kg 114.1 –119lbs
Feather Weight	54kg – 57kg 119 – 125.1lbs	54kg – 57kg 119.0 – 125.1lbs	54kg – 57kg 119 – 125.1lbs
Light Weight	57kg – 60kg 125.1 – 132.04lbs	57kg – 60kg 125.1 – 132.04lbs	57kg – 60kg 125.1 – 132.04lbs
Light-Welter Weight	60kg – 63kg 132.04 – 138.14lbs	60kg – 64kg 132.04 – 141.01lbs	60kg – 63kg 132.04 – 138.14lbs
Welter Weight	63kg – 66kg 138.14 – 145.08lbs	64kg – 69kg 141.01 – 152.01lbs	63kg – 66kg 138.14 – 145.08lbs
Light-Middle Weight	66kg – 70kg 145.08 – 154.05lbs		66kg – 70kg 145.08 – 154.05lbs
Middle Weight	70kg – 75kg 154.05 – 165.05lbs	69kg – 75kg 152.0 – 165.05 lbs	70kg – 75kg 154.05 – 165.05lbs
Light Heavy Weight	75kg – 80kg 165.05 – 176.05lbs	75kg – 81kg 165.05 – 178.09lbs	75kg – 80kg 165.05 – 176.05lbs
Heavyweight	80kg – 86kg 176.05 – 189.09	81kg – 91kg 178.09 – 200.09lbs	80kg – 86kg 176.05 – 189.09
Super-Heavy Weight		91+kg 200.09 plus lbs	

PARTICIPANTS:

Number of Athletes:

Each Province, Territory, and State may enter one (1) male and one (1) female in each weight division for each age category. (This to be finalized depending on the advance entry numbers)

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager for the entire team roster. The staff composition must have a minimum of one (1) female.

Additional coaches on a graduated scale depending on the number of competitors will be as follows: 7-12 competitors – 1 extra coach, 13-20 competitors 2 extra coaches, more than 20 – 3 extra coaches.

GENERAL RULES:

The most recent version of the Association Internationale de Boxe Amateur (AIBA) rules will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

Minimum number of three (3) participants for each weight category for that event to run. If three participants are not reached by the registration deadline the event will be cancelled. This will be updated after initial registrations.

Rounds:

Midget (female and male) and Juvenile (female)

- Three (3) rounds of two (2) minutes each, with one (1) minutes rest intervals

Juvenile (male)

- Four (4) rounds of two (2) minutes each, with one (1) minutes rest intervals
-

OFFICIALS:

The referees and judges will be designated and approved by the Host Society. All referees and judges must have a minimum National level four (4) certification. To encourage the participation and development of local officials through NAIG the glovers, timekeepers, recorders, and equipment technicians for boxing must be certified officials, having attained a minimum level one (1) certification.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

- All equipment must comply with the rules and regulations of the Association Internationale de Boxe Amateur (AIBA).
- Competitors will supply their own bandages (handwraps) and singlets and AIBA approved head guards.
- The wearing of competition headguards during competition is compulsory.
- Headguards with the AIBA-approved label must be worn.
- The color should be as for corner – Red/Blue.
- Each competitor must wear the correct color singlet for the corner represented either red or blue.
- Female competitors will be required to provide their own breast and pelvic protectors.
- A boxer is not allowed to wear his or her own gloves in competition.

- The Host Society will supply competition gloves with the regular hitting surface of the gloves marked in white.

Bandages:

- A single velpeau bandaging shall be used not to exceed 2 inches in width.
- No tape or bandage may be placed between the fingers of either hand. Gauze will not be permitted.
- A boxer's bandages will be examined under the direction of the office-in-charge before gloves are put on.

COMPETITION RULES:

- Bouts between females and males are not permitted.
- Midget and all female boxers
 - When down (8 count) twice in a round or three times in a bout, the bout shall be stopped. The boxer receiving the blows shall lose the contest by RSC or RSC(H) depending on the area of the blows.
- Juvenile (male) boxers
 - When down (8 count) three times in a round or four in a bout, the bout shall be stopped. The boxer receiving the blows shall lose the contest by RSC or RSC(H) depending on the area of the blows.
- At the end of the bout the gloves and headgear shall be removed for the presentation of the decision.

Medical Weigh ins

- All competitors shall be ready to weigh in on the first morning of competition and on each subsequent morning on which they are drawn to box.
- Those who have weighed in on the first morning and then receive a "bye" or "walkover" shall not be required to weigh-in for the "bye" or "walkover".
- A competitor must be passed each day as fit to compete by the appointed Doctor of Medicine before being weighed in.
- One coach shall accompany the boxer to the medical examination Area. A test scale will be provided for competitors to test their weight prior to participating in the official weigh-in
- A competitor shall be allowed to present him/herself at the official weight scales only once per competition day. The weigh recorded on that presentation is final
- The weight is the one shown by the scale, no allowance is made for clothes therefore the competitor has the option to weigh in with or without clothing (underwear)
- Medical and weigh-ins shall be conducted out of the view of members of the opposite sex, with the exception of the attending doctor.
- Female competitors shall be accompanied by a female coach or a female official when attending the medical examination and weigh in. Female competitors shall report to the attending medical officer regarding any menstrual irregularities, particularly the presence of amenorrhea (loss of menstruation).

2008 North American Indigenous Games Sport Technical Package
CANOEING

EVENT:

The NAIG canoeing competition consists of male and female singles, doubles and mix doubles for all age classifications in the following events:

Category	Bantam		Midget		Juvenile		Senior	
Year of Birth	94-95		92-93		89-91		88 and earlier	
Gender	M	F	M	F	M	F	M	F
1000m								
3000m								
6000m	X	X	X	X	X	X		
10000m	X	X	X	X	X	X		
1000m (Dbls)								
3000m (Dbls)								
6000m (Dbls)	X	X	X	X	X	X		
10000 (Dbls)	X	X	X	X	X	X		
1000m M Dbl								
3000m M Dbl								
6000m M Dbl	X	X	X	X	X	X		
10000m M Dbl	X	X	X	X	X	X		

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter six (6) male and six (6) female for the bantam, midget, juvenile and senior age classification. An athlete is allowed to compete in maximum of six (6) events.

Number of Coaches:

Each Province, Territory and State may accredit:

- Team roster under ten (10) athletes:
 - One (1) coach and one (1) manager, one (1) must be female
- Team roster of eleven (11) to twenty (20) athletes:
 - Two (2) coaches and one (1) manager, one (1) must be female
- Team roster of twenty-one (21) to forty (40) athletes,
 - Three (3) coaches and one (1) manager, two (2) must be female
- Team roster of forty-one (41) to sixty (60),
 - Four (4) coaches and one (1) manager, two (2) must be female

GENERAL RULES:

The most recent version of the Marathon Canoe Racing Competition Rules will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

Events are either finals **OR** semi finals/finals, **OR** heats, semi finals/finals, dependant on the number of entries. There will be no consolation races.

All races will begin with a mass start.

OFFICIALS:

All officials will be designated and approved by the Host Society.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

The Host Society shall provide the canoes for the competition, but competitors must supply their own paddles, and all accessories. Canoes will be decided upon and relayed at the first Chef de Mission meetings for the Games. All equipment must comply with the Marathon Canoe Racing Competition rules.

Jensen 17” canoe will be used for this event. All competitors will utilize the use of an approved lifeguard and/or PFD.

COMPETITION RULES:

In the case of lightning, the competition will be suspended and/or rescheduled, at the discretion of the canoeing organizing committee.

2008 North American Indigenous Games Sport Technical Package
GOLF

EVENT:

The NAIG golf competition will consist of male and female individuals in the following: Bantam (Born 1994-95), Midget (Born 1992-93), Juvenile (Born 1989-91), Senior (Born 1959-88) and Master (Born 1958 & earlier) age categories.

Additional green fees will be assessed for senior and master golfers and determined by the host society in consultation with the NAIG Council.

Additional costs for practice rounds are the responsibility of the team and/or golfer for all age categories.

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter two (2) male and two (2) female for the bantam, midget, juvenile, senior and master's age category.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager for the entire roster. The staff composition must have a minimum of one (1) female staff.

The Rules of Golf stipulate that teams must assign one person to act as a coach and have contact with the team members during their round (Rule 8-2). * If there are two courses being used, each team can assign one person per course to act as a coach.

GENERAL RULES:

When in Canada, the rules will be followed according to the Royal Canadian Golf Association (RCGA) and when hosted in the USA will follow the rules according to the United States Golf Association (USGA). Unless otherwise stated in this package.

COMPETITION FORMAT:

The competition format will be stroke play for all the age categories. Golfers will play up to 54 holes (3 rounds) with the Competition Committee* determining the cuts required after the 2nd round. 18 holes (1 round) will be played per day of competition.

OFFICIALS:

All officials will be designated by the approved by the Host Society. All Rules Officials must have a Level 4 RCGA certification.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

The golfers must supply their own equipment (clubs and balls). All equipment must comply with The Rules of Golf.

COMPETITION RULES:

Tee boxes will be determined at future Chef de Mission meetings

The Rules of Golf; Section III Rule 33 – The Committee**33-5. Score Card**

In stroke play, the Committee must provide each competitor with a score card containing the date and the competitor's name.

Note: The Committee may request that each competitor record the date and his/her name on his score card.

33-7. Disqualification Penalty; Committee Discretion

A penalty of disqualification may in exceptional individual cases be waived, modified or imposed if the Committee considers such action warranted.

Any penalty less than disqualification must not be waived or modified.

If a Committee considers that a player is guilty of a serious breach of etiquette, it may impose a penalty of disqualification under this Rule.

The Rules of Golf, Section III, Appendix 1 - Part C:**11 – How to decide ties**

Rule 33-6 empowers the Committee to determine how and when a stroke play tie shall be decided. The decision should be published in advance.

- (a) In the event of a tie in a scratch stroke-play competition, a play-off is recommended. The play-off may be over 18 holes or a smaller number of holes as specified by the Committee. If that is not feasible or there is still a tie, a hole-by-hole play-off is recommended.

*Competition Committee is also know as the Golf Competition Committee or the committee brought together to organize and implement the golf competition.

2008 North American Indigenous Games Sport Technical Package
LACROSSE – BOX (Men’s)

EVENT:

The Box Lacrosse competition will consist of male Midget (born 1992-1993) and Juvenile (born 1990-1991) categories.

PARTICIPANTS:

Number of Athletes:

Each province, territory and state may enter a maximum of eighteen (18) uniformed players for each age classification. The eighteen (18) players shall be comprised of sixteen (16) players and two (2) goalkeepers. Five (5) players and one (1) goalkeeper shall be permitted on the floor at one time.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager for each team in each age classification. The staff composition must have a minimum of one (1) male staff.

GENERAL RULES:

The most recent version of the official rules of Box Lacrosse provided by the International Lacrosse Federation will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum three games.

OFFICIALS:

The Referee-in-Chief and attending officials will be designated and approved by the host society. The officials must have a minimum provincial level two (2) certification.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

The indoor lacrosse playing surface shall be of artificial material as approved by the Host Society. The box shall be enclosed by a wall known as the boards which may be constructed of wood, plastic or any other material as approved by the Host Society. The boards shall be topped by a surrounding barrier of glass or other suitable material to a minimum height of three (3) feet on the sides and six (6) feet on the ends to keep the ball in play.

Players are required to supply their own equipment and it must comply with International Lacrosse Federation rules. Required equipment includes a lacrosse stick, protective gloves, suitable shoes, shoulder/vest pads, rib pads and a protective helmet equipped with a face mask and a chinstrap which must be properly fastened on both sides. An intra-oral mouthpiece must cover all upper jaw teeth.

In addition, the designated goalkeeper shall wear a throat guard, arm and chest protector and shin guards.

COMPETITION RULES:

Complete up to date rules can be found at www.intlaxfed.org.

A full Box Lacrosse game shall consist of sixty (60) minutes, divided into four (4) quarters of fifteen (15) minutes each.

There shall be a two (2) minute interval between the first and second quarters and between the third and fourth quarters. Between the second and third quarters there shall be a twelve (12) minute intermission (half time). Teams may leave the bench area.

Players who are serving a penalty must remain in the penalty box between quarters.

In the event of a tie score at the end of regulation time, play shall continue after a two (2) minute interval with sudden death overtime. The period(s) shall be fifteen (15) minutes each until a goal is scored, thus deciding the winner.

The teams switch goals defended at the end of regulation time and at the end of each fifteen (15) minute overtime period. The game ends upon scoring the first goal.

Should more than one (1) overtime period be needed to decide the game there will be a two (2) minute interval between sudden death periods.

2008 North American Indigenous Games Sport Technical Package
LACROSSE – FIELD (Women’s)

EVENT:

The Women’s Field Lacrosse competition will consist of female teams in the Midget (born 1992-1993) and Juvenile (born 1989-1991).

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter a maximum of twenty three (23) players for each age category.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager for each age category. The staff composition must have a minimum of one (1) female staff.

GENERAL RULES:

The most recent version of the official rules of Women’s Field Lacrosse provided by the International Federation of Women’s Lacrosse Associations will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum three games.

OFFICIALS:

The Referee-in-Chief and attending officials will be designated and approved by the host society. The officials must have a minimum provincial level 2 certification.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

The field of play shall be a rectangular field 110 yards (100.58 meters) long and 60 yards (54.86 meters) wide.

Players are required to supply their own equipment and it must comply with International Field Lacrosse rules. Required equipment includes a lacrosse stick, protective gloves, suitable boots or shoes (cleats are allowed as long as they are not metal) and a protective helmet equipped with a face mask and a chinstrap which must be properly fastened on both sides. Optional equipment includes shoulder pads, elbow pads, slash guards, rib pads and athletic supporter.

In addition, the designated goalkeeper shall wear a throat guard, a chest protector and a box/cup.

COMPETITION RULES:

Women's Field – *Complete up to date rules can be found at www.womenslacrosse.org.*

A full Women's Field Lacrosse game shall consist of two (2) thirty (30) minute periods/halves to a maximum game duration of sixty (60) minutes.

After halftime, which may not exceed ten (10) minutes, the teams shall change ends.

The Umpire's whistle starts and stops play. When the whistle sounds to stop play, all players except for the Goalkeeper within the Goal Circle, must 'stand' and may not move until the whistle sounds again to resume play.

The game begins at the sounds of the Umpire's whistle at the opening Draw. The game is restarted with the Draw after a goal is scored, following halftime intermission, and following team time-outs.

The clock is stopped on the Umpire's whistle and goal signal when a goal is scored, and at every whistle that stops play during the last two (2) minutes of each half. When play is stopped and the ball is 'dead' prior to the last two (2) minutes, the timer shall stop the clock when it reaches two (2) minutes if play has not resumed.

2008 North American Indigenous Games Sport Technical Package
RIFLE SHOOTING

EVENT:

The NAIG rifle competition will consist of male and female individuals in the Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 & earlier) age categories. Team events (for teams of three (3) members only) will also be offered.

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter two (2) males and two (2) females for each of the bantam, midget, juvenile and senior age category.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per team. The staff composition should have a minimum of one (1) female staff.

GENERAL RULES:

The most recent version of the International Sport Shooting Federation (ISSF) rules will apply with the following recommendation:

1. If the venue allows, an active coach will be allowed on the firing line for the youth competitions. The coach will be able to talk to the athlete and offer advice as to firing position, tactics, and sight adjustment, provided that they do not disturb other competitors.

Unless otherwise stated in this package.

COMPETITION FORMAT:

For all age categories all three events must be entered. Athletes will shoot sixty (60) shots in the prone, standing and kneeling positions. Individual awards will be handed out at the end of each event. An overall medal will be awarded at the end of competition. To be eligible for the overall medal each athlete must have completed competition in all three events. The shooting range is fifty (50) meters for all positions. A time limit of two (2) hour, including sighting shots, is allocated all age classifications.

Drawing of lots

The Host Society in accordance with the International Shooting Union (ISU) rules determines a shooting group of four (4).

OFFICIALS:

An experienced range officer will control the Rifle shooting event. All officials will be designated and approved by the Host Society.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

- All equipment shall comply with the ISSF rules.
- Rifle shooters must supply their own rifle, which must comply with the ISSF rules.
 - The standard rifle shall be permitted with the following additional regulations:
 - A rifle weight must not exceed four (4) kilograms.
 - The trigger must lift and hold a weight of 1000 grams at least 1 cm above the surface on which the weight was placed, with the rifle cocked, and the safety catch in the firing position, and with the rifle held in a vertical position.
 - The weight must be suspended from the mid point of the trigger.
- A non-restricted firearm is a regular sporting rifle or a shotgun with a barrel over 470 mm (18.5 inches) and an overall length of 660 mm (26 inches), which does not fall into the category of a prohibited or restricted firearm.
- Adjustable iron sights with variable rear apertures shall be permitted. Telescopic sights are not permitted. Telescopes for spotting shots shall be permitted.
- The butt plate must not extend above, below or either side of the butt of the rifle. An adjustable butt plate must be fixed in the middle position and may not be moved from that position.
- Thumbhole stocks are not permitted for sporting rifle competitions. Any additions or extensions to the stock of the rifle must be fixed solidly in place and not be moved or removed from the rifle for the duration of the event. Any such additions must be included in the overall weight limit.
- The use of a sling or hand stop is prohibited in the sporting rifle competitions. The use of special competition clothing which aides in the rifle shooting competition is prohibited.
- Barrel weights must surround the barrel evenly, and be non-adjustable.
- Due to the type of target systems used, shooters must be capable of hitting the ISSF target with 100% of their fired shots in the event(s) they enter.

Athletes traveling from the US to Canada

- Any athletes traveling from the US to Canada with a firearm must declare the firearm at customs when one enters Canada. If one does not declare all firearms or weapons, they can be seized and one could face criminal charges.
- A visitor coming to Canada, as of January 21, 2001, will have to declare firearms in writing.
- All athletes visiting Canada with a firearm must declare their firearm using the “Non resident Firearm Declaration” form.
- You must be at least 18 years old to bring a firearm into Canada. If you are younger than 18, you may use a firearm in certain circumstances, but an adult must remain responsible for the firearm.

- This form must be filled out prior to arrival and presented to the customs officer upon entering Canada.
- There is a fee for the Non resident Firearm Declaration license.

Athletes from Canada, you may need the following documents:

- A valid Firearms Acquisition License (FAC), possession license or possession and acquisition license, and
- An authorization to transport.
- Transporting non-restricted guns in Canada: If you are transporting them in a vehicle, they must be kept out of sight in a part of a vehicle that is kept locked (the trunk, if there is one), unless the vehicle is supervised by an adult. You have to transport restricted firearms in a locked case and equip them with locked safety devices to prevent firing.

Guns at the Games:

When athletes check in for accreditation, please declare all firearms as the guns will be taken to the Shooting Venue site and locked in the storage area. There will be no rifles stored or kept in the Athlete Villages.

Ammunition:

The host society will attempt to provide ammunition for the competition. However, athletes should be prepared to provide their own ammunition. In either case, the type of ammunition used will be determined by the host society and all teams must comply with the ammunition type. Ammunition must also be kept in storage at the Shooting Venue along with the guns.

COMPETITION RULES:

Competition rules will be outlined at the Chef de Mission meetings.

All reference materials and forms for rifle shooting participants will be made available to Chef de Missions at their scheduled meeting.

2008 North American Indigenous Games Sport Technical Package
SOCCER

EVENT:

The NAIG soccer competition consists of both male and female teams for Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 & earlier) age categories.

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter a maximum of seventeen (17) players per age category for both male and female.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per female and male teams. The staff composition must have a minimum of one (1) male staff for the male teams and one (1) female staff for the female teams.

GENERAL RULES:

The most recent version of The Laws of the Game of the Federation International de Football Association (FIFA) Rules will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum three games.

OFFICIALS:

All Officials will be appointed and approved by the Host Society.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

- Soccer players must supply their own equipment which must comply with FIFA rules.
- All age groups will use a Size 5 FIFA approved ball.
- In the event that team uniform colors are similar and likely to cause confusion, the designated “Home” team must be prepared to change into an alternate set of uniforms. The team listed first on the schedule will be considered the home team.

COMPETITION RULES:

Disciplinary Rules:

- a) A Soccer Discipline Committee shall consist of a chairman and representatives of two participating teams having no vested interest in the outcome of the hearing.
- b) The conduct of the games shall follow the Laws of the game as approved by FIFA.
- c) Players accumulating three cautions (yellow cards) during the tournament shall receive an automatic one game suspension.
- d) Players ejected from a game (red card) shall be suspended automatically for a minimum of one (1) game. Further sanctions will be determined by a hearing of the Soccer Discipline Committee.

An entire game for the NAIG soccer shall consist of the following:

- All age categories shall play two (2) halves of forty five (45) minutes each, with a ten (10) minute interval between halves.
- The winning team is awarded three (3) points and the defeated team is awarded zero (0) points for the pool standings in the round robin tournament. When the score is tied at the end of regulation time each team is awarded one (1) point for the pool standing in the round-robin tournament.
- In play off games where the score is tied at the end of regulation time, extra time will be played consisting of two (2) periods of fifteen (15) minutes. If the score remains tie at the end of extra time, kicks from the penalty mark shall be taken to determine the winner.

Substitution Rule:

A maximum of five (5) substitutions shall be allowed in the whole game (including overtime). Unlimited substitutions may be made at half-time, or at full-time before any overtime. A player who has been substituted is eligible to re-enter.

2008 North American Indigenous Games Sport Technical Package
SOFTBALL

EVENT:

The NAIG competition consists of male and female Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 and earlier) age categories.

PARTICIPANTS:

Number of Athletes:

Each Province, Territory or State may enter a maximum of fifteen (15) players per Bantam, Midget, Juvenile and Senior teams in both male and female categories. A minimum number of players required per team is eleven (11).

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per female and male bantam, midget, juvenile and senior teams. One of the above staff must be of the same gender as the participating team.

GENERAL RULES:

The most recent International Softball Federation Technical Code will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. The minimum number of games each team will play will be three.

OFFICIALS:

An Umpire in Chief will be designated and approved by Host Society.

For all semi-final and finals games, three umpires per game will be utilized.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

Ball size and pitching distance between the home plate and pitcher's mound:

Age category	Ball size	Pitching distance
Male: Bantam	30.48 cm (12")	12.2m (40')
Male: Midget	30.48 cm (12")	12.8m (42')
Male: Juvenile	30.48 cm (12")	14.0m (46')
Male: Senior	30.48 cm (12")	14.0m (46')
Female: Bantam	30.48 cm (12")	11.58m (38')
Female: Midget	30.48 cm (12")	12.2m (40')
Female: Juvenile	30.48 cm (12")	12.2m (40')
Female: Senior	30.48 cm (12")	12.2m (40')

Safe base will be implemented.

Competitors must supply their own bats, helmets, gloves, and catchers must supply their own special additional equipment. Full face mask for batters are mandatory. Absolutely no metal spike will be allowed. All equipment must comply with the International Softball Federation standards.

COMPETITION RULES:

- The teams will warm-up off the competition diamond and will be allowed only 10 minutes on the competition diamond prior to game time.
- An entire game for the NAIG softball tournament shall consist of seven (7) innings or a maximum time of ninety (90) minutes. No new inning will start after ninety (90) minutes. If the game is tied after ninety (90) minutes the tied breaking procedures will apply.
- The seven (7) run rule will be in effect anytime after the completion of 5 (or 4 1/2) innings of play. The umpire will award the game to the team with a lead of seven (7) or more runs any time after the trailing team has had five (5) turns at bat.
- Mercy Rule
 - In all categories, games will end after 2½, 3, 3½ or 4 complete innings of play if there is a difference of 15 runs.
 - In all categories, games will end after 4½, 5, 5½ or 6 innings of play if there is a difference of 7 runs
- In the case of a tie game during the round robin play and/or play offs, the International tie breaking rule shall be followed:

- Starting with the top of the eighth inning, and each half inning thereafter, the offensive team shall begin its turn at bat with the player who is scheduled to bat ninth (tenth in SP, or eleventh in SP with an EP) in that respective half inning being placed on second base. The player who is running can be substituted in accordance with the substitution rules.

Tie breaking procedures

The tie breaking procedure used in extra inning games shall be applied in all games except the final championship game.

3.01 A tie exists within one (1) section, or across two (2) or four (4) sections, when two (2) or more teams have the same win-loss record.

3.02 A tie shall be resolved by following, in order, the procedure set out below –

a. Within Section Round Robins

1. With two teams tied on wins/losses, rank them by the results of their game in the round robin; the winner is placed ahead of the loser.
2. With more than two teams tied on wins/losses, rank them in order
 - (a) By the results of their games among themselves in the round robin games.
 - (b) If still tied on wins/losses, by their runs against record in the games among themselves; the team with the lowest runs against is placed ahead of the others, the team with the second lowest runs against is placed ahead of the others, etc.
 - (c) If any teams tied by their runs against record in the games amongst themselves –
 - (1) two teams – by the results of their games amongst themselves in the round robin games
 - (2) more than two teams – by their runs against record in all the round robin games; the team with the lowest runs against is placed ahead of the others, the team with the second lowest runs against is placed ahead of the others, etc.
 - (d) If any teams still tied on runs against, by random selection; the first team selected is placed ahead of the others.

b. Across Section Round Robins

With two or more teams tied on wins/losses, rank them in order –

1. By their runs against record in all round robin games; the team with the lowest runs against is placed ahead of the others, the team with the second lowest runs against is placed ahead of the others, etc.
2. If any teams still tied on runs against, by random selection; the first team selected is placed ahead of the others.

3.03 For a tied team “runs against” is the total number of runs scored by the specified opponents of that team.

EXCEPTION: Where teams are tied for a place in a Page System the Technical Commission may decide that such tie may be resolved by a playoff provided the Technical Commission agree that conditions are satisfactory for such playoff.

2008 North American Indigenous Games Sport Technical Package
SWIMMING

EVENT:

Able Bodied Athletes:

The NAIG swimming competition consists of both male and female individual events and relay events for Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91), Senior (born 1988 & earlier) age categories.

Special Olympic Athletes:

The NAIG is offering one age category (Open) for athletes born in 1992 or earlier.

PARTICIPANTS:

Number of Athletes:

Able Bodied Athletes:

Each Province, Territory and State may enter:

- A maximum of four (4) male swimmers and four (4) female swimmers per each age classification respectively.
- An athlete is allowed to compete in a maximum of six (6) events plus three (3) relay.

Special Olympic Athletes:

Each Province, Territory and State may enter four (4) men and four (4) women Special Olympic Athletes.

Number of Coaches:

Each Province, Territory and State may accredit:

- Two (2) coaches and one (1) manager, one (1) must be female, for a team roster under eighteen (18) athletes
 - Three (3) coaches and one (1) manager, two (2) must be female, for a team roster of nineteen (19) to thirty (30) athletes
 - Special Olympics coach to athlete ratio is 1:4 of which one must be a female
-

GENERAL RULES:

The most recent version of the Federation Internationale de Natation Amateur (FINA) rules and the Special Olympics Official General Rules will apply. Special Olympics Rule Book/Summer Sports/Article II – Aquatics (posted on website www.specialolympics.ca). Unless otherwise stated in this package.

COMPETITION FORMAT:

Events are heats and finals. If there is only one heat, that heat will be automatically be moved to a final with seeding by registered times. This format will be followed for Special Olympic

athletes as well. Please refer to the NAIG Technical Package prelude for information regarding Divisioning with the Special Olympics athletes.

All relays as well as the 800M freestyle and 1500M freestyle will be ran as timed finals.

Category	Bantam		Midget		Juvenile		Senior		Special O	
	M	F	M	F	M	F	M	F	M	F
Free 50m										
Free 100m										
Free 200m										
Free 400m									X	X
Free 800m	X		X		X		X		X	X
Free 1500		X		X		X		X	X	X
Free 4x50										
Free 4x100									X	X
Back 50m										
Back 100m										
Back 200m									X	X
Breast 50m										
Breast 100									X	X
Breast 200									X	X
Fly 50m										
Fly 100m									X	X
Fly 200m									X	X
IM 200m									X	X
MR 4x50										

Relays:

Able Bodied Athletes:

Each Province, Territory and State may enter:

- One (1) 4x100M Freestyle relay for each age category
- One (1) 4x50M Freestyle relay for each age category
- One (1) 4x50M Medley relay for each age category

Special Olympic Athletes:

Each Province, Territory and state may enter one male, female or co-ed team. All members of the team must be from the same province.

Relay team members shall be properly entered in at least one (1) individual event.

NOTE: To accommodate the number of participants, swimmers may move up to compete in a higher age class relay team, but they may not compete in the same relay event in two different age categories.

Only in the case of injury in an age group relay, can teams apply for exception to the above rule.

OFFICIALS:

All officials will be designated and approved by the Host Society.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

The swimmers must supply their own equipment and must comply with FINA rules.

COMPETITION RULES

NAIG will be a two (2) start meet – one (1) false start is permitted.

Special Olympic athletes will compete in Open Divisions.

2008 North American Indigenous Games Sport Technical Package
TAEKWONDO

EVENT:

The NAIG Taekwondo event consists of both male and female individual competitions for the Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 & earlier) athletes.

Weight /Belts Divisions:

Midget Ten Weight Classes			Juvenile Four Weight Classes			Senior Four Weight Classes		
	Male	Female		Male	Female		Male	Female
Fin	-45kg	-42kg	Fly	-58kg	-49kg	Fly	-58kg	-49kg
Fly	-48kg	-44kg	Feather	-68kg	-57kg	Feather	-68kg	-57kg
Bantam	-51kg	-46kg	Welter	-80kg	-67kg	Welter	-80kg	-67kg
Feather	-55kg	-49kg	Heavy	+80kg	+67kg	Heavy	+80kg	+67kg
Light	-59kg	-52kg						
Welter	-63kg	-55kg						
Light Middle	-68kg	-59kg						
Middle	-73kg	-63kg						
Light Heavy	-78kg	-68kg						
Heavy	+78kg	+68kg						

PARTICIPANTS:

Number of Athletes:

For all Weight Classes each team may enter two (2) male and two (2) female athletes per weight class.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager for the entire team roster. The staff composition must have a minimum of one (1) female staff.

GENERAL RULES:

The most recent version of the World Taekwondo Federation (WTF) Competition Rules will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

Minimum number of three (3) participants for each weight category are needed for that event to run. If three participants are not reached by the registration deadline the event will be cancelled. This will be updated after initial registrations.

For color belt competitors, sparring preliminaries shall consist of two (2) rounds of one and a half (1.5) minutes. A sparring final shall follow the same format. A rest interval of thirty (30) seconds shall be allocated between bouts.

For black belt competitors a sparring preliminary shall consist of three (3) rounds of two (2) minutes. A sparring final bout shall be three (3) rounds of two (2) minutes. A rest interval of one (1) minute shall be allocated between rounds.

OFFICIALS:

All officials will be designated and approved by the Host Society. The refereeing for sparring must have a minimum level National Referee certification. The four (4) judges for sparring must have a minimum level Provincial Referee certification.

All judges must be a minimum of 1st Dan Black Belt with the more senior Dan's being in charge of the rings. (i.e. Referees)

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

- All equipment shall comply with the World Taekwondo Federation.
- All Taekwondo competitors must wear shin pads which do not extend down below the ankle, arm pads which do not extend down beyond the wrist, groin protectors (both male and female), approved chest protectors of the size specified for particular weight categories, and approved head protector.
- The Host Society will provide approved chest and head protectors in the appropriate size and color (ie blue (chung) and red (hong)) for the competition at the venue site.
- Mouth guards are mandatory and must be clear or white

COMPETITION RULES:

a. Sparring (jaju gyoroogi)

For the Sparring competition full contact will be in effect using punching and kicking techniques to the area designated in the WTF Rules of Competition. There shall be no kicks, punches or other contact below the waist. Punches and kicks are permitted to the front and side of the trunk exclusive of the back. No punches are allowed to the head area including the neck; kicks are permitted to the front (face) and sides but not the back of the head.

A competitor will be awarded one (1) point for each permitted technique (i.e. punch or kick) successfully targeted to a legal area with sufficient power to have a visible effect on the opponent that is scored by at least three (3) of the four (4) judges.

The referee awards penalty points. A competitor will lose one (1) point for each Deduction (Gam-jeom) Penalty and will receive minus one half (1/2) point for each Warning (Kyong-go) Penalty. A minimum of two (2) Warning Penalties must be given before one (1) point is deducted. Both Deduction and warning Penalties shall be counted in the total score for a bout except odd Warning Penalties shall not be counted in the grand total. A competitor shall be disqualified when three (3) points have been deducted in a match.

The referee may also declare a competitor “loser by penalty” when he/she intentionally refuses to comply with the Rules of Competition or the referee’s order.

In the case of a tie score there will be a 4th sudden death round. The first competitor to score a point will be declared the winner. If a competitor loses a full point on penalty they will lose the match. If the match is still a tie at the end of the 4th round the judges and referee will vote on superiority.

After the referee has added up each competitor’s score he/she shall declare the winner on the basis of accumulated points or a decision of superiority by raising his/her hand to the winner’s side and declaring chung seung or hong seung as appropriate.

b. Patterns (Poomse)

For the pattern competition the official patterns to be performed shall be those recognized by the WTF for the following belt levels or their equivalent

For the pattern competition there is a panel of judges who score the patterns. If there is a tie, the two competitors are called back to do the pattern again. After the scores are added up the winners are announced at the end of the pattern competition and the medals awarded for each category.

Yellow belts and green stripes shall perform Taegeuk 1-2 Jang respectively .

The green belts and blue stripe shall perform Taegeuk 3-4 Jang respectively.

The blue belts and red stripes, shall perform Taegeuk 5-6 Jang respectively.

The red belts and black stripes, shall perform Taegeuk 7-8 Jang respectively.

First Dan and Poom Black belts shall perform Koryo.

Second Dan and Poom Black belts shall perform Keumgang.

Third Dan Black belts shall perform Taebaek.

Fourth Dan Black belts shall perform Pyong-won.

2008 North American Indigenous Games Sport Technical Package
VOLLEYBALL

EVENTS:

The NAIG volleyball competition consists of male and female teams for Bantam (born 1994-95), Midget (born 1992-93), Juvenile (born 1989-91) and Senior (born 1988 & earlier) age categories.

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State may enter a maximum of twelve (12) players per age category per male and female teams.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per female and male teams. The staff composition will have a minimum of one (1) male staff and one (1) female staff for male and female teams respectively.

GENERAL RULES:

The most recent version of the Federation internationale de volleyball (FIVB) Official Rule Book will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

The competition format will be determined by the number of entries per age category. The host society will make every effort to maximize the number of games each team receives. Each team will play a minimum three games.

OFFICIALS:

All officials will be designated and approved by the Host Society. The match officials must have a Level two (2) Regional Badge or higher. All other officials (lines-persons, scorekeepers) must have current Level one (1) Local Badge.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

All equipment shall comply with FIVB rules. The height of the net shall be according to the following information:

- Bantam Female: 2.10m
- Bantam Male: 2.20m
- Midget Female: 2.15m
- Midget Male: 2.35m
- Juvenile and Senior Male: 2.43
- Juvenile and Senior Female: 2.24m.

COMPETITION RULES:

- Rally point scoring will be implemented
- A team wins a set (game) by scoring 25 points via rally scoring and with a minimum lead of two (2) points. In the case of a 24-24 tie, play is continued until a two (2)-point lead is achieved.
- A match in the Round Robin will consist of three (3) sets per match. The team wins a match by winning two (2) of the three (3) sets. A set is played to 25 points with a minimum lead of two (2) points.
- A match in the Playoff rounds (quarter finals) for Bantams and Midget will be best of three (3) sets. The team wins a match by winning two (2) sets of three. In case of a 1-1 tie, the deciding set is played to 15 points with a minimum lead of two (2) points, no cap via rally point scoring.
- A match in the Playoff rounds (quarter finals) for Juveniles and Seniors will be best of five (5) sets. The team wins a match by winning three (2) sets of five. In case of a 2-2 tie, the deciding set is played to 15 points with a minimum lead of two (2) points, no cap via rally point scoring.
- Tie breaking rule.
- There will be 15 minutes warm-up time allocated on the competition court prior to game time.

Tie breaking rules will be in accordance with FIVB Sports Regulations 2004, Pg. 25:

8 TEAMS RANKING SYSTEM DURING THE COMPETITION

8.1 RANKING BY MATCHES WON AND LOST

The ranking of teams is determined by the results of matches on the basis of matches won and lost.

8.2 POINTS AWARDED PER MATCH TO EACH TEAM

The following points will be awarded per match to each team:

Matches Won	2 points
Matches Lost	1 point
Matches Forfeited	0 points

8.3 IN THE CASE OF A TIE:

- 8.3.1 Set quotient** - In the case of equality in the number of points gained by two or several teams, they will be classified in descending order by the quotient resulting from the division of the number of all sets won by the number of all sets lost.
- 8.3.2 Points quotient** - If the tie persists as per the set quotient (8.3.1) the teams will be classified in descending order by the quotient resulting from the division of all points scored by the total of points lost during all sets.
- 8.3.4** If the tie continues as per the points quotient (8.3.2) between two teams, the priority will be given to the team which won the last match between them.
- 8.3.4** When the tie in points quotient is between three or more teams, a new classification of these teams in the terms of 8.2 and 8.3 will be made taking into consideration only the matches in which they were opposed to each other.

2008 North American Indigenous Games Sport Technical Package
WRESTLING

EVENT:

The NAIG wrestling competition consists of both male and female individual competition for following age categories and weight classes.

Cadet (Midget)		Juvenile		Senior	
1992-93		1989-91		88 and Earlier	
M	F	M	F	M	F
39-42 KG	40-43 KG	43 - 46 KG	36-40 KG	50-55 KG	44-48 KG
up to 46 KG	up to 46 KG	up to 50 KG	up to 44 KG	60 KG	up to 51
50 KG	49 KG	54 KG	48 KG	66 KG	55 KG
54 KG	52 KG	58 KG	52 KG	74 KG	63 KG
58 KG	56 KG	63 KG	56 KG	84 KG	67 KG
63 KG	60 KG	68 KG	60 KG	96 KG	72 KG
69 KG	65 KG	74 KG	65 KG	120 KG	72-82 KG
76 KG	70 KG	81 KG	70 KG		-
85 KG	75 KG	90 KG	75 KG	-	-
100 KG	75-90 KG	105 KG	75-90 KG	-	-
100-115 KG	-	105-130 KG	-	-	

PARTICIPANTS:

Number of Athletes:

Each Province, Territory and State is allowed to enter one (1) male and one (1) female athlete per weight division for each age group.

Number of Coaches:

Each Province, Territory and State may accredit two (2) coaches and one (1) manager per midget and juvenile age classification. The staff composition must have a minimum of one (1) female staff.

GENERAL RULES:

The most recent version of the Fédération Internationale des Lutttes Associées (FILA) will apply. Unless otherwise stated in this package.

COMPETITION FORMAT:

Minimum number of three (3) participants for each weight category for that event to run. If three participants are not reached by the registration deadline the event will be cancelled. This will be updated after initial registrations.

In the double elimination bracket draw format a win advances the wrestler to the next round and closer to the final. A first loss relegates the athlete to the repechage (consolation) rounds for (third place) and a second loss eliminates the athlete from the competition. The size of the bracket is a multiple of 2: 2,4,8,16,32, 64 and so on.

OFFICIALS:

All officials will be designated and approved by the Host Society.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

The wrestler must supply her/his own equipment and must comply with the FILA rules. Athletes must appear on the edge of the mat wearing a FILA approved one piece singlet of the colour assigned to them (Red or Blue). It is forbidden to have a mixture of red and blue colours on the singlet and wrestling shoes free of buckles and metal ridges, tape, and a handkerchief to be tucked inside the singlet for blood. Headgear is optional.

COMPETITION RULES:

The pre-competition weight-in will take place for one hour for each age category on the evening prior to the first day of competition. The NAIG competition will have only one (1) weigh-in session as above.